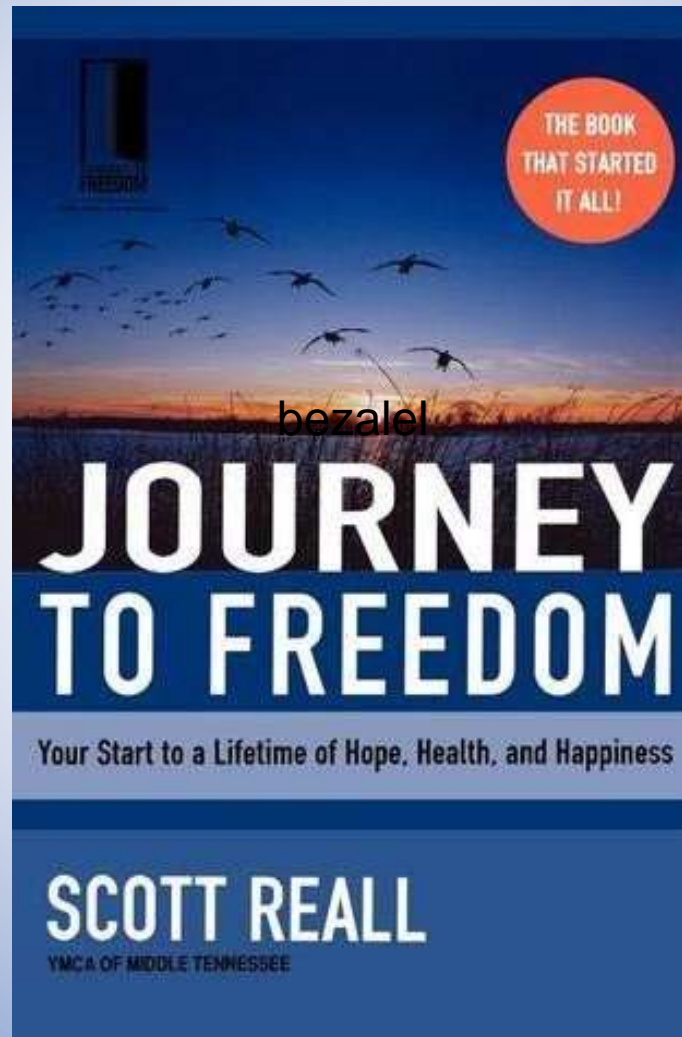




8 Questions

8 QUESTIONS



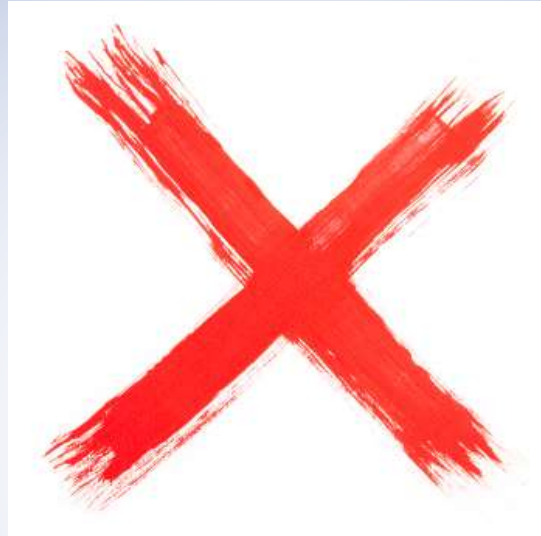
8 QUESTIONS

AMOUNT OWED

\$10,000

- **Making one cross mark: \$1**
- **Knowing where to put it: \$9,999**

8 QUESTIONS



“Changing our lives always starts with putting the cross mark on the right spot...Until we perform self-examination, we will not have a clue about how to change.” – Scott Reall

8 QUESTIONS



8 QUESTIONS

Do I Need To Change?

- **Another word might be “growth.”**
- **Those who don’t know Christ need a change.**
- **Those in any kind of bondage need change.**
- **Christians have a lot of growing/changing to do.**
- **Most change starts with self-examination!**

8 QUESTIONS

We've Stopped Asking Questions!



8 QUESTIONS

We've Stopped Asking Questions!

“So much of our lives are defined by habit or what the guy next to us is doing, never wondering and knowing who and what we support with our actions, from the detergent mom always used, to my favorite dish I make...a lot of life is unexamined habit.”

– Kristin Van Straten

8 QUESTIONS

We've Stopped Asking Questions!

“What can we gain by sailing to the moon if we are not able to cross the abyss that separates us from ourselves? This is the most important of all voyages of discovery, and without it, all the rest are not only useless, but disastrous.”

– Thomas Merton

8 QUESTIONS

Some Scripture On Self-Examination

“Jesus said to those Jews who believed Him, ‘If you abide in my word, you are my disciples indeed. And you shall know the truth, and the truth shall make you free.’”

(John 8:31-32)

“The Word of God...[discerns] the thoughts and intentions of the heart...” (Hebrews 4:12)

8 QUESTIONS

Some Scripture On Self-Examination

“Examine yourselves to see whether you are in the faith.” (2 Corinthians 13:5)

8 QUESTIONS

Some Scripture On Self-Examination

“Search me, O God, and know my heart. Try me and know my anxious thoughts and see if there be any hurtful way in me. And lead me in the everlasting way.” (Psalm 139:23-24)

IMPORTANT POINT!

**While the questions we ask must begin with us...
We must ask God to help reveal the answers!**

8 QUESTIONS

A Few Preliminary Thoughts

- **These are great questions to learn if you work with those who need change.**
- **But start with yourself! Try to answer these questions as best you can with absolute honesty.**
- **The answers likely won't come right away.**
- **These aren't the only questions to ask.**
- **This is just a brief introduction to these questions.**

8 QUESTIONS

Question #1:

WHO AM I?



8 QUESTIONS

Question #1: Who am I?

This is a question about your self-awareness and identity.

“They came to circumcise the child, and they would have called him by the name of his father, Zacharias. His mother answered and said, ‘No. He shall be called, John.’” (Luke 1:59:-60)

8 QUESTIONS

Question #1: Who am I?

This is a question about your self-awareness and identity.

- A sense of your personal identity affects the way you think, speak, and live.

8 QUESTIONS

Question #1: Who am I?

- **Jesus knew who he was!**

“[Jesus] said to them, ‘You are from beneath. I am from above. You are of this world. I am not of this world.’” (John 8:23)

“‘I am the light of the world. He who follows me shall not walk in darkness, but have the light of life.’” (John 8:12)

8 QUESTIONS

Question #1: Who am I?

- How do you define yourself?
- Do you let others define you?
- Who are you to those who matter in your life?

8 QUESTIONS

Question #2:

Why Am I Here?



8 QUESTIONS

Question #2: Why Am I Here?

This is a question about your motives and purpose.

*“The purposes of a man's heart are deep waters,
but a man of understanding draws them out.”
(Proverbs 20:5)*

8 QUESTIONS

Question #2: Why Am I Here?

This is a question about your motives and purpose.

- Why am I here on this planet?
- Why was I born at this time and place?
- What is the purpose of my life?
- How can I discover and develop my purpose?

8 QUESTIONS

Question #3:

What Do I Want?



8 QUESTIONS

Question #3: What Do I Want?

This is a question about your will and desires.

*“The desire of the righteous ends only in good,
but the hope of the wicked [ends] only in wrath.”
(Proverbs 11:23)*

8 QUESTIONS

Question #3: What Do I Want?

This is a question about your will and desires.

- Some of your desires will be healthy and good.
- Some of your desires will be unhealthy and not good for you or others.

8 QUESTIONS

Question #3: What Do I Want?

This is a question about your will and desires.

- What do I really and truly want out of life?
- What do I want from day to day?
- What kind of life am I living and how much of that is a result of what I want?

8 QUESTIONS

Question #3: What Do I Want?

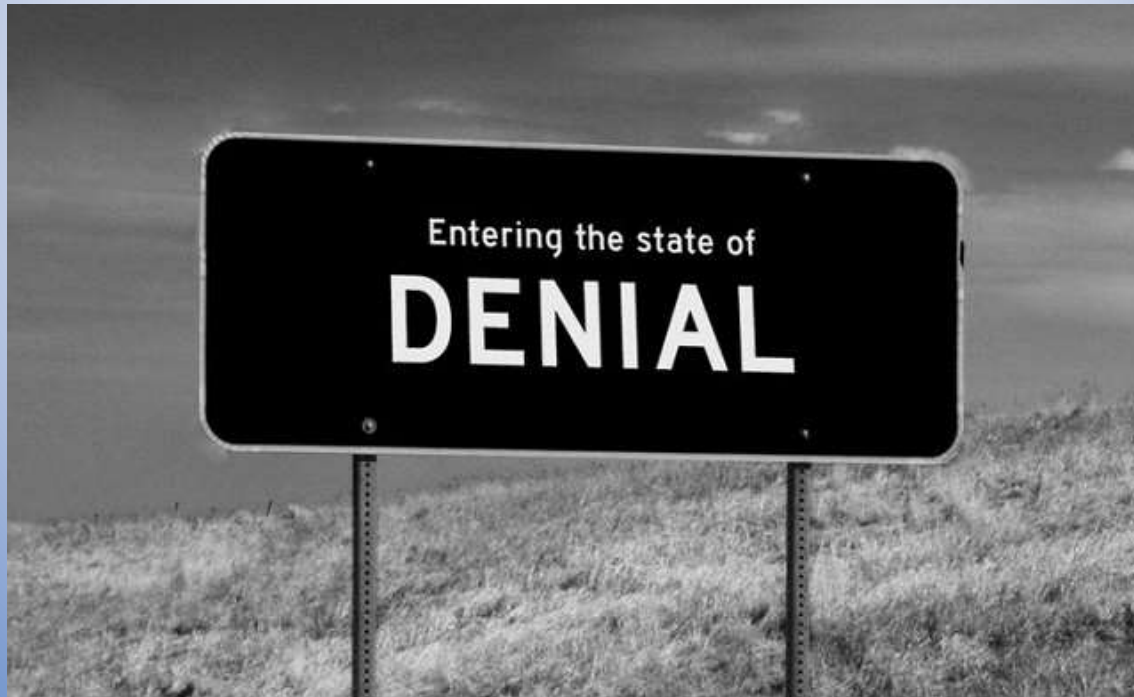
This is a question about your will and desires.

- The best indicator for what you want is what you think, say, and do.
- Take an honest inventory of what you think, say, and do, and see if you can determine where your desires lie most of the time.

8 QUESTIONS

Question #4:

Is there a difference between what I say I want and how I'm living my life?



8 QUESTIONS

Question #4: Is there a difference between what I say I want and how I'm living my life?

This is a question about your character & integrity.

“There is a way that seems right to a man, but its end is the way of death.” (Proverbs 14:12)

8 QUESTIONS

Question #4: Is there a difference between what I say I want and how I'm living my life?

This is a question about your character & integrity.

“I have the desire to do what is right, but not the ability to carry it out. For I do not do the good I want, but the evil I do not want is what I keep on doing.” (Romans 7:18b-19)

8 QUESTIONS

Question #5:

What Does God Want?



8 QUESTIONS

Question #5: What Does God Want?

This is a question about your awareness of God & your focus.

“[God] desires all men to be saved and to come to the knowledge of the truth.” (1 Timothy 2:4)

8 QUESTIONS

Question #5: What Does God Want?

This is a question about your awareness of God & your focus.

“I have come that they may have life, and that they may have it more abundantly.”

(John 10:10)

8 QUESTIONS

Question #5: What Does God Want?

This is a question about your awareness of God & your focus.

*“Love the Lord your God with all your heart and with all your soul and with all your mind...Love your neighbor as yourself.”
(Matthew 22:37-39)*

8 QUESTIONS

Question #5: What Does *God* Want?

This is a question about your *awareness of God* & your *focus*.

- If you've found that your focus has too often been on yourself, why is this?
- Who is the center of your universe?

8 QUESTIONS

Question #5: What Does *God* Want?

This is a question about your *awareness of God* & your *focus*.

- Aligning what you want with what God wants is more than just a question of learning or knowledge...
- It's also a question of submission.

8 QUESTIONS

Question #6:

**If I want what God wants,
what am I willing to do to get it?**



8 QUESTIONS

**Question #6: If I want what God wants,
what am I willing to do to get it?**

This is a question about your discipline & your commitment.

“When Jesus saw him lying there, and knew that he already had been in that condition a long time, he said to him, ‘Do you want to be made well?’” (John 5:6)

8 QUESTIONS

**Question #6: If I want what God wants,
what am I willing to do to get it?**

This is a question about your discipline & your commitment.

- **For many of us, actually following Christ is more about wishful thinking than consistent, action, discipline, and commitment.**

8 QUESTIONS

**Question #6: If I want what God wants,
what am I willing to do to get it?**

This is a question about your discipline & your commitment.

“For whoever desires to save his life will lose it, but whoever loses his life for my sake will find it.” (Matthew 16:25)

8 QUESTIONS

Question #7:

Who Am I Becoming?



8 QUESTIONS

Question #7: Who Am I Becoming?

This is a question about your belief & vision.

- Most of the time when it comes to change, we can't believe in God, or in ourselves, until God first believes in us.

“Jesus looked at him and said, ‘You are Simon son of John. You will be called Cephas’ [which, when translated, is ‘Peter’].”

(John 1:42)

8 QUESTIONS

Question #7: Who Am I Becoming?

This is a question about your belief & vision.

- You need to get around people who will look into your heart and will accept you for who you are while having a vision for who you can become.

“Jesus said to her, ‘I don’t condemn you. Now go and sin no more.’” (John 8:11)

8 QUESTIONS

Question #8:

Who Am I With?



8 QUESTIONS

Question #8: Who Am I With?

This is a question about your relationships.

“Moses said to God, ‘Who am I that I should go to Pharaoh, that I should bring the children of Israel out of Egypt?’ So [God] said, ‘I will certainly be with you.’” (Exodus 3:11-12)

8 QUESTIONS

Question #8: Who Am I With?

This is a question about your relationships.

- You may have answered the first seven questions to your satisfaction.
- But if you plant yourself around those who aren't asking the same questions and seeking change in the way you are, then nothing else will matter.



8 Questions