





















World Wide Envy

"Social media has [*made*] everyone accessible for comparison. In the past, people might have just envied their neighbors, but now we can compare ourselves with everyone across the world."

— Rachel Andrew











World Wide Envy

"We are constantly bombarded by Photoshopped lives, and that exerts a toll on us the likes of which we have never experienced in the history of our species."

— Ethan Kross



World Wide Envy

"Put to death therefore what is earthly in you: sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry." (Colossians 3:5)

World Wide Envy

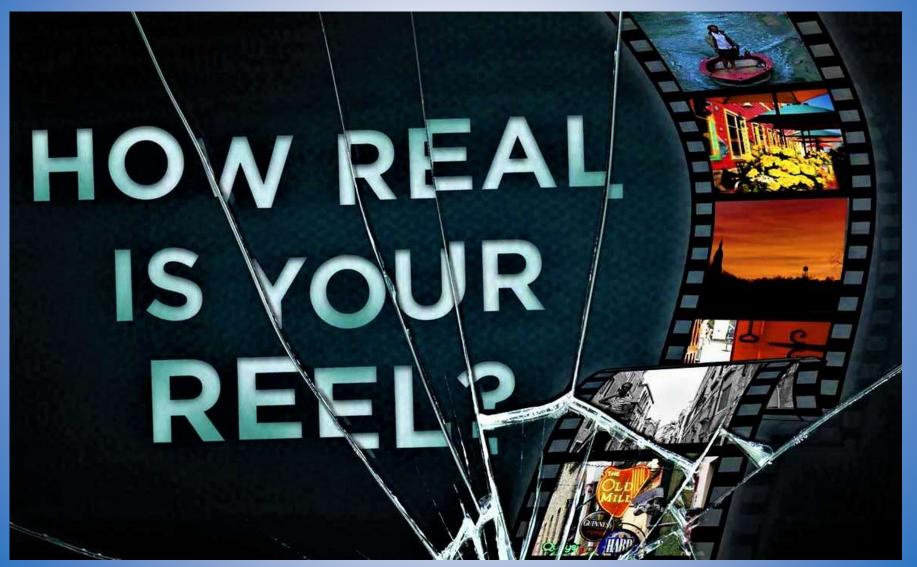
"You shall not bow down to [idols] or serve them, for I the LORD your God am a jealous God, visiting the iniquity of the fathers on the children to the third and the fourth generation of those who hate me, but showing steadfast love to thousands of those who love me and keep my commandments." (Exodus 20:4-6)



World Wide Envy

"Comparison is the thief of joy." — Teddy Roosevelt





How Real Is Our Reel?



"Individuals tend to use social media as a 'highlight reel' rather than a reflection of their whole or real life."

— Keu Myers

How Real Is Our Reel?



"Those who are less savvy with social media may not realize how much others are editing and filtering the photos they share." — Keu Myers















How Real Is Our Reel?

"Don't let social media fool you. Someone could have 1,000 likes on their pics or a million views on their videos and still be broke.

There are people with only 10 likes but have plenty of friends, and people with 1,000 likes that are incredibly lonely, depressed, in fed up relationships and no real friends."

- Nicky Verd

How Real Is Our Reel?

"There are couples that appear extremely happy on social media but behind those photos, they are both miserable and in dysfunctional relationships.

There are couples who post next to nothing about their personal lives on social media but are in an extremely beautiful loving relationship."

- Nicky Verd

How Real Is Our Reel?

"Be not afraid when a man becomes rich, when the glory of his house increases. For when he dies he will carry nothing away. His glory will not go down after him...Man in his pomp yet without understanding is like the beasts that perish." (Psalm 49:16-20)

How Real Is Our Reel?

"We look at the lives we have constructed online in which we only show the best of ourselves, and we feel a fear of missing out in relation to our *own* lives. We don't measure up to the lives we tell others we are living, and we look at the self as though it were another, and feel envious of it. This creates an alienating sense of self-envy' inside us. We feel inauthentic, curiously envious of our own avatars."

- Sherry Turkle

Leveling the Playing Field

Leveling the Playing Field

"With me it is a very small thing that I should be judged by you or by any human court. In fact, I do not even judge myself. For I am not aware of anything against myself, but I am not thereby acquitted. It is the Lord who judges me." (1 Corinthians 4:3-4)

Leveling the Playing Field

"I have applied all these things to myself and Apollos for your benefit, brothers, that you may learn by us not to go beyond what is written, that none of you may be puffed up in favor of one against another.

For who sees anything different in you? What do you have that you did not receive? If then you received it, why do you boast as if you did not receive it?" (1 Corinthians 4:6-7)

Leveling the Playing Field

"All have sinned and fall short of the glory of God, and are justified by his grace as a gift, through the redemption that is in Christ Jesus." (Romans 3:23-24)

TRUST IN THE LORD

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Trust in the Lord

"Blessed is the man who makes the LORD his trust, who does not turn to the proud, to those who go astray after a lie! You have multiplied, O LORD my God, your wondrous deeds and your thoughts toward us. None can compare with you! I will proclaim and tell of them, yet they are more than can be told." (Psalm 40:4-5)

Trust in the Lord

"Fret not yourself because of evildoers. Be not envious of wrongdoers! For they will soon fade like the grass and wither like the green herb.

Trust in the LORD, and do good. Dwell in the land and befriend faithfulness. Delight yourself in the LORD, and he will give you the desires of your heart. Commit your way to the LORD. Trust in him, and he will act." (Psalm 37:1-5)

Trust in the Lord

"Not that we dare to classify or compare ourselves with some of those who are commending themselves. But when they measure themselves by one another and compare themselves with one another, they are without understanding." (2 Corinthians 10:12-13)

Trust in the Lord

"But we will not boast beyond limits, but will boast only with regard to the area of influence God assigned to us, to reach even to you.

Let the one who boasts, boast in the Lord. For it is not the one who commends himself who is approved, but the one whom the Lord commends." (2 Corinthians 10:13, 17-18)



The Influence God Has Assigned



The Influence God Has Assigned



The Influence God Has Assigned



"The real champions of social media are those who add value to others, not the ones who flaunt their lifestyle to impress others." – Rebecca Weber

The Influence God Has Assigned



"Instead of passive scrolling, send private messages, talk about shared experiences, seek genuine emotional connection, and use social media in general to foster the kind of relationships known to be valuable offline." – Rebecca Weber

The Influence God Has Assigned

"We make it our aim to please [God]. For we must all appear before the judgment seat of Christ, so that each one may receive what is due for what he has done in the body, whether good or evil. Therefore, knowing the fear of the Lord, we persuade others. But what we are is known to God, and I hope it is known also to your conscience." (2 Corinthians 5:9-12)

The Influence God Has Assigned

"We are not commending ourselves to you again but giving you cause to boast about us, so that you may be able to answer those who boast about outward appearance and not about what is in the heart." (2 Corinthians 5:9-12)

